

Baltimore City Medicare Rx Plan

410-396-1780

Baltimore City Retirement (ERS)

443-984-3200 Toll Free: 1-877-273-7136

Fire & Police Retirement (FPR)

443-984-2810 Toll Free: 1-888-877-6565

Maryland State Retirement

410-625-5555 Toll Free: 1-800-492-5909

WageWorks Commuter Benefits

877-924-3967 [www.wageworks.com](http://www.wageworks.com)

Visit the website for  
employee benefits at

[www.baltimorecity.essbenefits.com](http://www.baltimorecity.essbenefits.com)

24 hours per day,  
7 days per week

**2011**

Baltimore City  
Employee Benefits Division  
(EBD) Contact Card

Employee Benefits  
201 East Baltimore Street - Suite 500  
Baltimore, MD 21202  
(410) 396-5830/5831 TTY (410) 396-4930

PROVIDER	PHONE NUMBER	WEBSITE
CareFirst PPN	1-800-535-2292	<a href="http://www.carefirst.com">www.carefirst.com</a>
CareFirst Traditional (Retirees)	1-800-535-2292	<a href="http://www.carefirst.com">www.carefirst.com</a>
ValueOptions Mental Health Benefits (CareFirst Members Only)	1-866-468-5633	<a href="http://www.achievesolutions.net/baltimore">www.achievesolutions.net/baltimore</a>
United Healthcare POS	1-877-462-5027	<a href="http://www.myuhc.com">www.myuhc.com</a>
Kaiser Permanente HMO	1-866-248-0715	<a href="http://www.kaiserpermanente.org">www.kaiserpermanente.org</a>
Optimum Choice HMO	1-800-815-8958	<a href="http://www.myuhc.com">www.myuhc.com</a>
CareFirst Dental PPO	1-866-891-2802, Option 4	<a href="http://www.carefirst.com">www.carefirst.com</a>
The Dental Network HMO	1-888-833-8464	<a href="http://www.thedentalnet.org">www.thedentalnet.org</a>
Express Scripts Prescriptions	1-800-354-8123	<a href="http://www.express-scripts.com">www.express-scripts.com</a>
CareFirst Select Vision	1-800-535-2292	<a href="http://www.carefirst.com">www.carefirst.com</a>
The Standard (Life AD&D)	1-800-628-8600	<a href="http://www.standard.com/mybenefits/baltimore">www.standard.com/mybenefits/baltimore</a>
Fringe Benefits Management Co. (Flexible Spending Account)	1-888-868-5188	<a href="http://www.myFBMC.com">www.myFBMC.com</a>
ADP COBRA	1-800-526-2720	<a href="http://www.benedirect.adp.com">www.benedirect.adp.com</a>
Aetna PPO	1-800-900-7562	<a href="http://www.aetna.com">www.aetna.com</a>
Aetna HMO	1-877-440-4711	<a href="http://www.aetna.com">www.aetna.com</a>